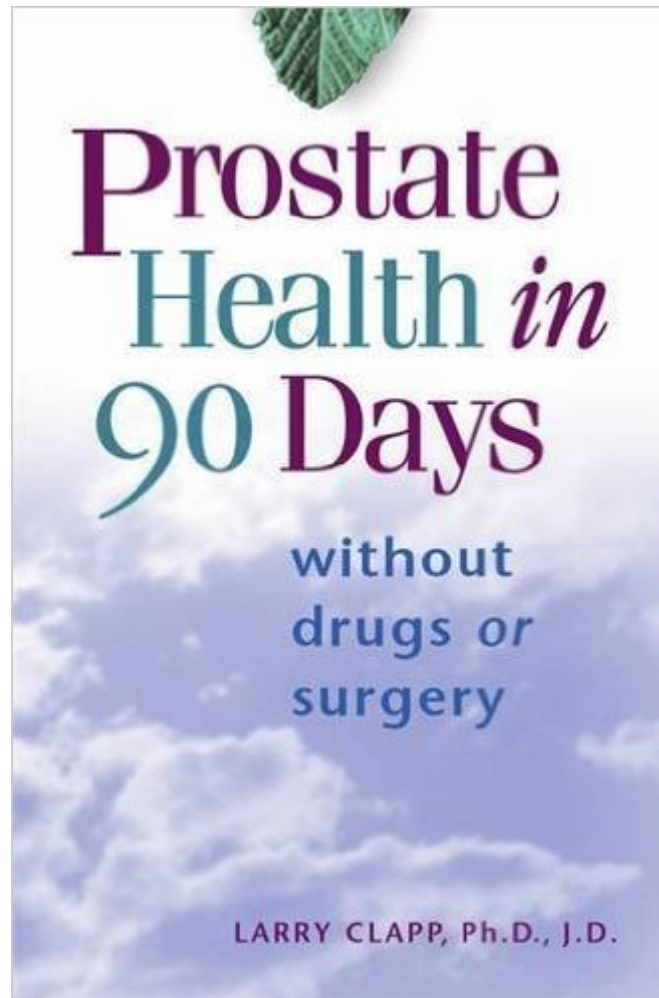


The book was found

# Prostate Health In 90 Days



## Synopsis

Larry Clapp discovered he had prostate cancer in 1990, and delved into self-healing alternatives to surgery and radiation, and developed a cure for prostate cancer that he used successfully on himself. This book employs nutrition, massage, herbs, homeopathy and other medical alternatives that can not only cure you but enhance your sex life, and your physical and mental strength.

## Book Information

Paperback: 336 pages

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Product Dimensions: 6 x 0.8 x 9 inches

Shipping Weight: 1.3 pounds (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (88 customer reviews)

Best Sellers Rank: #478,280 in Books (See Top 100 in Books) #44 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Prostate Disease](#) #47 in [Books > Health, Fitness & Dieting > Men's Health > Prostate Health](#) #462 in [Books > Health, Fitness & Dieting > Men's Health > General](#)

## Customer Reviews

The commonly-held belief in the medical community is that benign prostate enlargement and cancer is a normal part of male aging, a fact of life to which we should unquestioningly resign ourselves. But attorney Larry Clapp didn't buy it when he was diagnosed with prostate cancer in 1991. He refused to have surgery, radiation or chemotherapy, and opted instead to investigate alternatives, finding that prostate problems don't exist in other cultures, and concluding that prostate illness was neither inevitable nor incurable. Clapp propelled himself into an intensive research effort to evaluate both traditional and alternative healing methods, and the results became the basis of the healing program that ultimately cured his cancer. The details of his journey, and a step-by-step program for becoming cancer-free in 90 days are outlined in his easy-to-follow, emotionally sensitive book, "Prostate Health in 90 Days Without Drugs or Surgery." The foundation of Clapp's program is the Nobel Prizewinning work of Otto Warburg, who won the coveted prize in 1931, for proving that cancer cannot live in cells that are in pH balance. Most of us living in an urban environment are very acidic, and therefore unwitting hosts to prostate and other cancers. The book explains how the

prostate is especially vulnerable, and how to achieve a pH balance that will increase the flow of blood and oxygen to the prostate and force the cancer cells to return to normal cells. Clapp's program is based primarily on balancing the pH by clearing toxins from the body, improving the diet, exercising and working toward a healthier emotional and sexual life. A key part of the program is the Biological Terrain Assessment (BTA), a European test which is gaining popularity in the U.S.

The "C" word is one of the scariest in our language. But the prostate "C" men have time on their side to check out what really obtains since this is the slowest growing of all cancers. Mr. Clapp's book gave me insight and knowledge to have confidence that I could research and make intelligent decisions in a timely manner. Since of all cancers prostate is the one that gives us time, I followed his program for just three months (doing a considerable amount of personal research also) and my cancer markers all came down. Today, four years later, my doctor tells me that I have no signs of malignancy whatsoever. I have done many different approaches to "natural healing" in addition to what this book recommends, but this was my first start...and a very successful one at that. It impressed upon me that eliminating the source of cancer was the key. The conventional doctors in my medical plan (a very comprehensive Fortune 500 company) all agreed that cancer's cause was unknown and the only solution was to eliminate its presence (ie: cut it out now, immediately!). The alternative which Mr. Clapp proposes is to eliminate the cause, the source. As the Prostate90 web site also hosts a free and open discussion group (generally unmonitored except for uncivility) there is lively discussion and several research threads to follow. People are people. Doctors are doctors. Not all people and not all doctors are the same. I have been extremely fortunate to have procured the tools from this book and its on-line discussion group to gravitate to those medical professionals who truly care about curing the cause and not just eliminating the symptom indicated by a laboratory assay.

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The Prostate Massage Manual: What Every Man Needs To Know For Better Prostate Health and Sexual Pleasure  
Dr. Peter Scardino's Prostate Book, Revised Edition: The Complete Guide to Overcoming Prostate Cancer, Prostatitis, and BPH  
Eat to Beat Prostate Cancer Cookbook: Everyday Food for Men Battling Prostate Cancer, and for Their Families and Friends  
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